



# 2011 NPC Bill Grant Classic Bodybuilding, Figure and Bikini Championships Saturday, July 16<sup>th</sup> 2011



**Location:** Cedar Beach Park, S. Ott Street at Hamilton Street, Allentown PA. The NPC Bill Grant Classic is part of annual Lehigh Valley SportsFest, a four-day festival of sports that includes 50 athletic events and draws over 10,000 athletes and 150,000 spectators. **BE A PART OF IT!**

**Eligibility:** This event is open to everyone. All competitors must be a current member of the NPC National Physique Committee. Membership cards will be available at check-in for \$100.00 payable directly to the NPC.

**Entry Form/Fee:** Entry fee is \$45.00. Competitors may enter more than one class at an additional \$25.00 crossover fee per class. Please make check or money order payable to Bill Grant Nutrition. Entry after July 1<sup>st</sup>, 2011 must be paid via Money Order or Cash. **Walk-ins are welcomed.**

**Figure Prejudging Posing:** 2-piece suit with heels. Judging based on muscle tone, symmetry and overall presentation.

**Bodybuilding Prejudging Posing:** Bodybuilders will not perform free posing. All judging based on mandatory poses and quarter turns.

**Posing Music:** Please have music cued for 90 seconds on a high quality CD. No explicit or profane lyrics. No music for figure competitors. House music will be provided.

**Awards:** Every competitor will receive an official Bill Grant Classic T-Shirt. 1<sup>st</sup> place in each category will receive Niels Andersen Sculptures. Top five in each class will receive awards. Bill Grant Best Poser Award and Overall Awards for the Novice, Masters, Open and Figure Divisions will receive Niels Andersen Sculptures and Bill Grant's Old-School Training DVD.

## Event Schedule

**Check/Weigh-Ins:**  
10:00am – 11:30am

**Competitors Meeting:**  
(mandatory) 12:00pm

**Prejudging:** 1:00pm

**Finals:** 1 hour after  
Prejudging is over.

## Hotel

Various Area Hotels  
See SportsFest.org for all weekend events.

## Ticket Info

**FREE ADMISSION**  
Outdoor Venue  
Enjoy the Festival

www.SportsFest.org

**Information**  
www.BillGrant.net

**1-888-304-7268**  
[info@billgrant.net](mailto:info@billgrant.net)

**Athlete Information**  
www.BillGrant.net

## Entry Application for the 2011 BILL GRANT CLASSIC

**SEND CHECK OR MONEY ORDER PAYABLE TO BILL GRANT NUTRITION:** Bill Grant Classic, PO Box 996, South Orange, NJ 07079

(Print) Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ (Note: We do not send spam or sell your information. We contact only if necessary)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Gym/Sponsor: \_\_\_\_\_ Occupation: \_\_\_\_\_

MC Bio Sheet: (must print legibly or type) List any noteworthy information about yourself; overcoming adversities, dedications or NPC placings.

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### Division Classes:

#### Junior Men:

23 and under (one class)

#### Novice:

Lightweight (up to 176 ¼ lbs)  
 Heavyweight (over 176 ¼ lbs)

#### Masters Men:

Over 40 (one class)  
 Over 50 (one class)

#### Open Men:

Lightweight (over 143 ¼ lbs to 154 ¼ lbs)  
 Middleweight (over 154 ¼ lbs to 176 ¼ lbs)  
 Light Heavyweight (over 176 ¼ lbs to 198 ¼ lbs)  
 Heavyweight (over 198 ¼ lbs)

#### Open Women:

Lightweight (up to 125 lbs)  
 Heavyweight (over 125 lbs)

#### Open Figure:

Up to & including 5'4"  
 Over 5'4"

#### Masters Figure:

Over 35 (one class)

#### Open Bikini:

One Class

Entry Fee \$45 = <u>\$45</u>
___ Crossover x \$25 = _____
Total amt of payment _____

### Release Form:

In consideration of your accepting this entry, I waive all claims I may have against the NPC, Bill Grant Classic, Bill Grant Nutrition, Lehigh Valley SportsFest, City of Allentown, affiliates and sponsors, for any and all injuries suffered by me resulting from participating and being a part of the Bill Grant Bodybuilding, Figure & Bikini Classic.

Parent or Guardian (Guardian for persons under 18)

Signature of Contestant

Date